

One World (Bristol) Volunteer

What will I be doing?

As a "One World Group" volunteer you will be volunteering with St Mungo's Assertive Contact & Engagement (ACE) Service to facilitate group sessions with clients who identify as LGBTQIA+ and who are experiencing Mental Health issues.

In this role, you will be supporting us with all or some of the following tasks:

- Setting up / preparation in the kitchen.
- Providing hot food and drinks to group members.
- Ensuring the group is a safe and calm space for everyone
- Promoting community ties and friendly relationships for group attendees.
- Helping staff to clear away after the group finishes.
- Participating in weekly pre-brief and de-brief check ins with staff before and after group time.
- Signposting group attendees to appropriate support services.

Where/ When will I be volunteering?

You will be volunteering the first and third Thursday of every month, in the afternoons, 2:30pm – 5:30pm in Redcliffe, Bristol.



Do I need to have any specific skills?

- A desire to help people who are going through a very challenging time and need some respite from the demands of everyday life, in a supportive environment.
- An understanding and awareness of mental health issues and their impact.
- Identify as part of, or be an ally to, the LGBTQIA+ community.
- Being reliable, resilient and respectful.
- Good communication skills and an empowering attitude towards our clients.
- An understanding of the causes of homelessness and its impact.
- Genuine interest in and commitment to St Mungo's work and client group.
- An understanding of and commitment to diversity & equality.

We particularly welcome applications from people living locally or working within the local community. Lived experience of mental health or addiction issues, as well as homelessness are welcome



What support will I receive in return?

We have a dedicated team to support you in your volunteer journey with us. You can find out more about [what you'll gain from being a St. Mungo's volunteer on our volunteering webpages.](#)

We are also committed to progression at all levels and [we support and develop our volunteers](#) to ensure that they are best placed to make progress in their careers.



Ending homelessness.
Rebuilding lives.

How do I get started?

[Apply online](#). Or, contact us at volunteer@mungos.org or on 0203 856 6160 for further support.



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