

There's lots of different ways to get involved and support people affected by homelessness.

Challenge yourself: Run, walk, cycle, or swim for us and use your miles to end homelessness. You can see our upcoming events and secure your place at mungos.org/events.

Fundraise: Host a collection, fundraise at your celebration or do your own thing and raise money to support people sleeping rough. Find out more at mungos.org/fundraise.

**Volunteer:** Volunteers are at the heart of St Mungo's work with rough sleepers. Visit mungos.org/volunteer to see our current volunteering opportunities.

StreetLink: Concerned about someone sleeping rough? Use the StreetLink mobile app or visit the website at www.streetlink.org.uk to make a referral and connect them with their local outreach team.

## Get in touch

Any questions? We'd love to hear from you! Drop us an email to fundraise@mungos.org or call our friendly supporter care team on 020 8600 3000.

St Mungo Community Housing Association is a registered charity and a limited company registered in England and Wales Registered Charity No. 1149085 Company No. 8225808 | Housing Association No LH0279







www.mungos.org

# What St Mungo's do

We exist to end homelessness and rebuild lives. We know people can and do recover from the causes of homelessness. Our work can be split into three main areas:

### **Emergency**

≥ Our outreach teams go out every night to meet people sleeping rough and help them off the streets. We are one of the largest providers of outreach services in the country.

### Accommodation

**Each** night we offer a bed and support to more than 2,800 people across the South and South West. We operate a range of accommodation services to help people at every stage of their recovery from homelessness.



▶ We have Recovery Colleges across the south and south west of England. We offer a range of skills and employment services to help people thrive after homelessness.

In 2021-22:

We supported

24,935

people who were homeless, or at risk of homelessness last year



5,490

people supported by our outreach teams



services across London. the South East and the South West

Martin found himself sleeping on the streets after his relationship with his partner started to break down. But with our support, he's now getting back on his feet.

"I ended up sleeping rough for three years and living in a tent. I was on the street one night when the Beast from the East arrived. and it went below zero degrees. It was freezing, but I knew St Mungo's were offering people a warm place to stay, so I queued up at one of their shelters and got a bed, shower, and something to eat.

"Soon, I was assigned a support worker and offered a place in a hostel. My support worker helped me to access counselling to deal with my PTSD, and go to classes at St Mungo's Recovery College. They gave me something to focus on.

"St Mungo's even helped me to get all of my ID back - like my birth certificate, my driver's license and my passport – which meant I could finally open a bank account.





"Two and a half years later and I've just moved into a flat of my own. I attend St Mungo's gardening classes every week, and I'm working towards a City & Guilds qualification. I used to be a Tree Surgeon, so I'm hoping I can get a similar job in future.

"I'm so proud of how far I've come - I've got a strong foundation to build on. And I see my daughter, which is brilliant. Without St Mungo's, that wouldn't have happened. They really have changed my life."











